

PREPARING FOR YOUR UPCOMING SURGERY

1. Broomfield Orthopedic Surgery Center will contact you to complete your Health History. Please complete it as soon as possible.
2. When you have completed your Health History, it will be reviewed by anesthesiology.
3. When Pre-Surgical Testing contacts you—you must notify us if you have a cardiologist, oncologist, hematologist, or are taking blood-thinners.
 - a. Please call your Cardiologist, Hematologist, PCP (Primary Care Physician), or Oncologist (if you have one) and let them know you are planning to have surgery at Broomfield Orthopedic Surgery Center.
 - b. You may need to obtain a signed medical clearance letter that our Pre-Surgical Testing team will fax to their office. They may require an appointment before clearing you for surgery.
 - c. If you are on certain medications, such as but not limited to, Blood Thinners, Jardiance, Rybelsus, Semaglutide, and others you will be provided instructions on discontinuing your prescriptions prior to surgery.
4. **REMEMBER YOU CANNOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE YOUR SURGERY. THIS INCLUDES NOT EATING GUM, HARD CANDY, COUGH DROPS, COFFEE, TEA, OR WATER. EATING AFTER MIDNIGHT COULD CAUSE YOUR SURGERY TO BE DELAYED OR CANCELLED.**
5. You are **REQUIRED** to have someone drive you home after surgery. You cannot drive yourself home and we will not discharge you to a taxi or ride-share service, such as Uber, Lyft, or public transportation without an accompanying adult.
6. You may experience pain and swelling for several days following your surgery. This is normal but if you have any concerns, you may call our office 303.449.2730.